



AS SUSTAINABLE AS POSSIBLE

PROJECT ACTIVITIES

AND RESULTS





GENERAL INFORMATION

PARTNERHSIP







Mentee







In close cooperation with



FUNDING

Co-financed by the Erasmus + Programme of the EU

DURATION

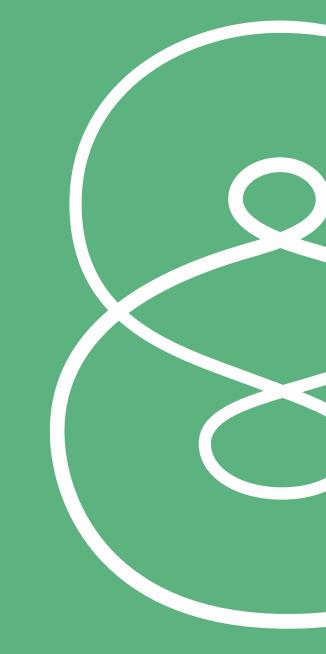
3 years (1/1/2020 - 31/12/2022)

WORK METHODOLOGY

- Open knowledge and experience sharing
- Mentor-mentee cooperation (bi-directional learning)
- Collaborative work on common project documents
- Partnerships building outreach in and outside the sport sector.



1. PROJECT ACTIVITIES

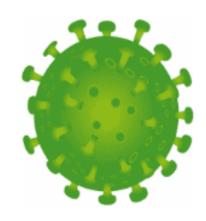




4 YEARS 2 OLYMPICS 1 PANDEMICS







COUNTLESS HOURS DEDICATED TO SUSTAINABILITY IN SPORT







EVENTS AND MEETINGS

- 3 Online Team meetings
- 5 In-person Team meetings
- 12 Catch-up calls
- 1 Online Project debriefing and evaluation meeting
- 3 Education and training events
- 6 Bilateral mentor-mentee visits
- 4 National ASAP seminars/workshops
- 3 Educational and awareness raising-activities
- 1 ASAP Forum



PROJECT PROMOTION

International conferences/events

- Erasmus + Info day 2021
- European Commission Expert Group on Green Sport 2021
- Online Conference "Calling the shots: Sport and the
- European Green Evolution"
- EBU Academy Online Learning Session 2021 "Sustainability and Sport"
- Sustainable University Sport Campus (SUSC) 2022, International Workshop
- Sport Positive Summit 2022
- Final conference of the Sport4SD project
- Acting Green Forum 2022



PROJECT PROMOTION

Olympic movement events

- IOC IF Sustainability forum 2020
- ANOC GA 2021 ANOC Report on Sustainability: the NOCs' role
- ANOCA online conference 2022: Educate and Inspire for Sustainability & Climate Change in Sport
- EOC Sustainability and Active Society Commission 2022 -Presentation of the ASAP Roadmap to the members
- EOC GA 2022 Skopje
- European Olympic Academies Congress 2022
- EOC EU Office Several webinars (European Green Deal, Climate Action) and events for partners



COMMS AND MEDIA

ASAP website – 28 articles

Partners' websites – 21 articles

Olympic movement media and publications

- Olympic Movement Sustainability Case Studies (by IOC) –
 5 case studies
- Sustainability Report Podcast 1 episode (over 1000 views)
- Insidethegames 2 articles
- IOC NOC Net 1 article (accessible by all NOCs)
- ANOC website 2 articles
- EOC Website 1 article
- sustainability.sport project promoted on the platform
- EOC EU Office, Sport Intern 4 newsletters



COMMS AND MEDIA

National-level media

- Online 3 articles
- Print 5 articles
- Broadcast project mentioned in 2 interviews on national television

Social media

- Twitter
 - 22 tweets, a number of mentions and re-tweets
- LinkedIn
 - 28 posts (between 350 and 3100 impressions per public post)
 - 1 Event (148 attendees)



100s of hours of:

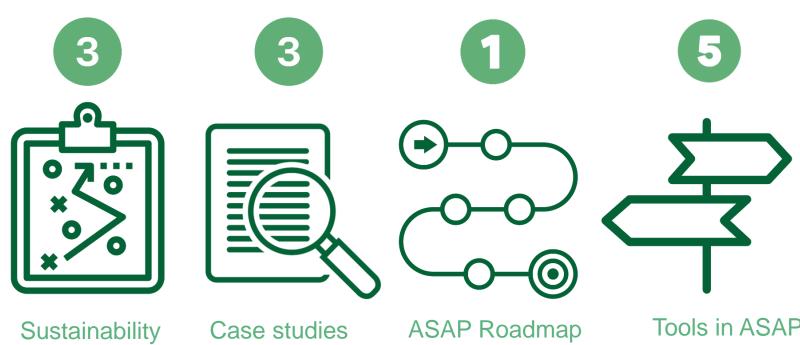
- Work on sustainability strategies and ASAP guidance documents
- Communication and cooperation between Team members, mentors and mentees, partners, and stakeholders



2. PROJECT RESULTS







strategies in ENG + local language

Case studies

ASAP Roadmap and its short version

Tools in ASAP Toolbox



1. SUSTAINABILITY STRATEGIES

- SK NOC adpoted in September 2021, available in SK and ENG
- CZ NOC adopted in November 2021, available in CZ AND ENG
- HU NOC –content approved by the Executive board in January 2022, final version available in October 2022







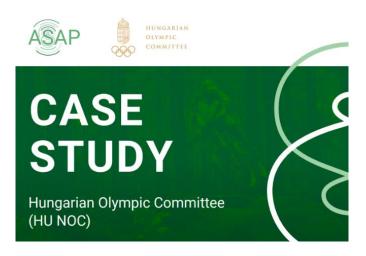


2. CASE STUDIES

- Provide an insight into the sustainability strategy creation process of three mentee NOCs.
- Content (main parts of the process, internal and external consultation, main steps, recommendations and tips, mini implementation report



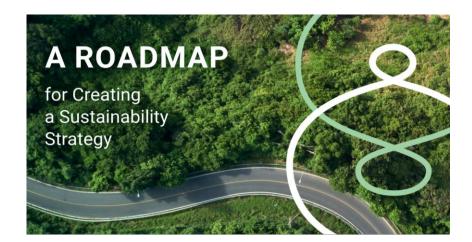






3. ASAP ROADMAP

- 2 versions full and short (concise)
- Offers any sport organisation a process-based guidance and framework for the creation of a fully-fledged Sustainability Strategy.
- Is accompanied by a number of tools (Toolbox), which aim to facilitate the process.
- Developed in cooperation with the IOC, and based on existing guidance documents and experience of the ASAP Team members.







4. ASAP TOOLBOX







A Sustainability Strategy for National Olympic Committees

Framework and User Guide



	CONTROL OF THE ISSUE	IMPACT OF THE ISSUE	RISKS	OPPORT
Examples sustainability issues/topics	How much control/influence does your organisation have on this issue/ in the framework of this issues?	How important is the sustainability issue for the capacity of your organisation to achieve its goals (e.g. to organise a good quality event)?	How serious are the potential risks of non-action?	How important a (for improvement
Environment/planet				
Biodiversity (sport events and infrastructure)	Scale 1-5	Scole 1-5	Scale 1-3	Scale 1
Good quality of forests/Deforestation (sport events, infrastructure)				
Water quality/pollution (trainings, competitions of water sports, impact on people)				
Air quality/pollution (outdoors practices, competition, impact on people)				
Changing weather patterns (outdoors sports and their organisation)				
Resource consumption (and its un-sustainability)				
Energies				
- Water				
Paper				
· Electronics				
Packaging and waste				
Operational waste management				
- Food waste				
Consumer waste (at events)				
Plastic pollution (single use plastics, single use packaging)				
- Microplastics				
Sourcing and procurement (and its social and environmental impact)				
Timber (paper)				
 Food at headquarters and events 				
Clothing/Apparel				
- Electronics				
Sport equipment and products				
Cleaning and other related products				
Services (consulting, legal, graphics, communications)				
Social/People				
Employees' health, safety and well-being				
Employment and labour conditions				
- Work-life balance				
- Health and safety				
Talent development				
Staff, volunteers, management, and collaborators				
- Athletes				
Social and economic inclusion and diversity - internal and external				
Staff diversity				





3. ASAP TEAM





- 10 members of the ASAP Team (NOCs of CZ, DE, DK, FI, HU, SK)
- 18 external experts helping the ASAP Team better understand sustainability in sport
- 3 support professionals (webmaster, proofreader, graphic designer)
- 7 reviewers
- 10s of ASAP Team members' colleagues, managers and board members
- Many national-level experts and stakeholders





www.asap-sport.com

